

# THE VIKING VOICE

PELICAN RAPIDS PUBLIC SCHOOLS

Pelican Rapids School  
District #548  
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Pelican Rapids, MN 56572  
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## CLASS OF 2022 COMPLETES THEIR VIKING VOYAGE



*Congratulations*  
**GRADUATES**  
PELICAN RAPIDS HIGH SCHOOL

**CLASS OF 2022**

"The **FUTURE** belongs to those who **BELIEVE** in the **BEAUTY** of their **DREAMS**"  
Eleanor Roosevelt

*Best Wishes*  
IN YOUR NEXT CHAPTER OF LIFE

FROM THE PELICAN RAPIDS SCHOOL BOARD AND STAFF



### Seniors, Your Future Awaits

The 2021-22 school year came to a close on Thursday, May 26 and Pelican Rapids Schools celebrated the 67 members of the graduating class of 2022 on Friday, May 27 in the Leaders Gymnasium at the Commencement Ceremony.

Superintendent/High School Principal, Brian Korf led the ceremony and was one of several speakers to reminisce on the achievements of the Class of 2022 in and out of the classroom. Student speakers included Co-Valedictorians Lillian Holl and Viktoria Stephenson, as well as Salutatorian, Samuel Moe. The trio gave speeches on memories from Viking Elementary School, Pelican Rapids High School, and those to be made in future endeavors.

### Academic Distinctions were given to 38 seniors for their work in the classroom:

Summa Cum Laude (Students with a 3.75 or higher GPA) Ella Backstrom, Lillian Holl, Christopher Hovden, Samuel Moe, Viktoria Stephenson, Gage Stromberg, Lissette Urbano, Lily Williams

Magna Cum Laude (Students with a 3.5-3.749 GPA) Sebastian Centeno, Brayden Ecker, Hayden Hart, Nicholas Haugrud, Kari Jones, Mumtas Khalif, Olivia Kleinschmidt, Sophia Paulson, Sebastian Rosiles, Amy Villagomez

Cum Laude (Students with a 3.00-3.49 GPA) Yasmin Ahmed, Petra Black, Karyme Camilo, Lillian Carlson, Stephanie Carlson, Cesar Castellanos Tino, Sophia Kulsrud, Grace Lang, Latessa Matykiewicz, Jaqueline Mejia, Jesus Moreno, Adrian Murillo, Lisbeth Pantoja, Megan Peterson, Chase Restad, Marlee Smith, Austin Stoll, Amelia Sytsma, Joshua Urbano, Yasareth Urbano

### Learning for Life in a Supportive Community

Written by Mr. Brian Korf, Superintendent



As I look back on the 2021-22 school year, I feel honored to be part of a supportive school district and community. This past year has been another successful school year at Pelican Rapids schools. I am proud of our district's teachers and staff for their collaborative efforts in educating and supporting our students to reach their highest potential.

Congratulations to graduating Class of 2022! This year's commencement was a successful evening honoring our 67 graduates. I want to thank the graduating seniors and their families, as it has been a pleasure to work with each of them during their time at PRHS. I wish them the best of luck in the future!

During the summer months, our district offers a variety of summer programs and activities for children of all ages to experience. I strongly encourage students to be active, engaged and participate in our activities and program offerings. Please visit our district's website for summer programming information.

Furthermore, I encourage all students to continue reading over the summer. Whether reading books, magazines, or graphic novels, reading over summer break is beneficial in helping students maintain and improve their reading stamina and comprehension skills. Summer is an ideal time to read for enjoyment in the sunshine or air conditioning. I encourage you to visit the Pelican Rapids Public Library, which is a wonderful resource available to all ages within our community.

Lastly, I would like to thank you for your continued support of our students, staff, and programs throughout the 2021-22 school year. During the summer months, our staff will be busy planning and preparing for the upcoming school year. We look forward to seeing you in the fall. Have a great summer!



### Faith Honored at Ronald McDonald House Charities

Written by Mrs. Amy Korf, SADD Advisor

On May 19, the SADD group donated its collected aluminum tabs—in memory of Faith Westby—to Ronald McDonald House Charities of the Red River Valley in Fargo. While there, the group was given a facility tour and learned how donations, such as recycled tabs, help this facility to temporarily house families, who have loved ones receiving medical care.

In addition to the tour, the group helped clean up trash around the facility's grounds. Faith's sister, Haley, led the tour.

**Faithkeepers**  
in memory of  
Faith Westby



### \$61,450 in Local Scholarships were Awarded to 38 Seniors



The Annual Pelican Rapids Scholarship Awards were presented on Wednesday, May 18 in the Fine Arts Auditorium at Pelican Rapids High School.

Thank you to the following donors for your generous scholarship donations:

- Al Siegle 3-Sport Athlete Scholarship
- Alice Serkland Scholarship for Writing
- Alma Ness Scholarship
- American Legion Auxiliary
- Arnie Scholarship
- C. Edmund Strinden Scholarship
- Class of 1958
- Daisy Engh Scholarship
- Donald F. Schmidt Scholarship
- Faith Lutheran Church
- Farmers Elevator of Pelican Rapids
- Gilman Toso
- Grove Lake 4H
- Hayden Nelson Scholarship
- Jennie-O Turkey Store
- Knights of Columbus/St. Leonard's Church
- Lake Runners
- Maria Battaglia First Generation Scholarship
- Mike Rohde Spirit Scholarship
- Minnie Velo Nursing/Medical Scholarship
- MN National Bank
- OMP Scholarship
- Parent-Teacher Scholarship
- Park Region Coop
- Pelican Rapids Masons Scholarship
- Pelican Rapids Memorial
- Pelican Rapids Music Booster Scholarship
- Pelican Rapids Fire Department
- Pelican Rapids VFW
- Pelican Rapids Rotary
- Roy V. Thompson Scholarship
- Royale B and Eleanor M. Arvig Memorial
- Samtasic Scholarship
- Steve Ballard Memorial
- Tanner Markgraf Memorial
- Todd and Donald Sorum Scholarship



## Collaborative Art Brings Warm Welcome to Downtown

Written by Ms. Kate Martinez, VES Art Teacher

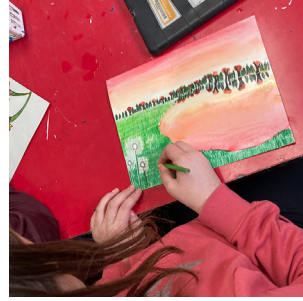
The new Downtown Pelican Rapids mural was created in a collaborative effort between the 6th grade art students and artist Paul Johnson.

Over 80% of the 6th grade class has their drawing/painting incorporated into this mural. Students also voted on what they wanted the mural to say and the winning phrase was, "Welcome to Pelican Rapids".

Artist Paul Johnson also graduated from Pelican Rapids High School and is now a design professor at Alexandria

Technical & Community College. He is also known for his annual mural work at Concordia College Christmas concerts.

After students spent two months in school designing their mural designs Johnson scanned each of the students' art, into Adobe Photoshop. He then created a new landscape by combining all the images together. The finished product is printed on six, 4 foot by 8 foot, 1/8 inch thick white aluminum panels.



*This activity is made possible by the voters of Minnesota through grants from the Lake Region Arts Council, thanks to a legislative appropriation from the Arts and Cultural Heritage fund.*

## Viking Butikk & Student Success

Written by Mr. Derrick Nelson

Elementary Principal and Activities Director



Part of creating an environment where each student is known, accepted, and valued is responding to the wide range of student experiences, competencies, and needs. The Viking Butikk was created with this in mind and has been a huge success at Viking Elementary. It has a variety of items for students including coats, hats, gloves, shirts, pants, socks, food, backpacks, pencils, notebooks, etc.

All the items have been donated and are free for students in need. I would like to thank Shari VerDorn and Gwen Lass for cleaning, painting, and organizing the storage area and all the organizations and people who have donated items for the Butikk. If you have any new or gently used items you would like to donate, please contact the office.

We will continue to have parents who drop off students at the Chauncey Martin field parking lot while buses are present at Viking Elementary this fall. The new pavement will be an enhancement and your cooperation is appreciated in helping to keep all our students safe.

Have a great summer!



*We want every student to feel supported and know that they matter. We want every student to have their basic needs met so they can be successful in school and life.*

## THE VIKING PROMISE

**I WILL** speak up instead of acting as a bystander.

**I CHOOSE** to participate in activities that don't involve hazing.

**I FORGIVE** others if they make poor choices.

**I MODEL** good behavior.

**I ACCEPT** others for their differences.

**I INCLUDE** others in group situations.

**I WILL** talk to an adult when there is a problem I cannot manage on my own.

**I AM** powerful in making a difference in my school.

## SUPPORTING STUDENT GROWTH

The early years of a child's life are crucial in creating a foundation for lifelong learning and success. Our teachers are prepared to support and respond to the wide range of student experiences and competencies. Our mission at Viking Elementary is to **create a community of learners dedicated to improving our world.** A student's day is structured to allow for growth in academic and social skills.

Core subjects including math, reading, writing, and science are taught with homeroom teachers. Our licensed specialist teachers help students explore and expand their interests in art, media, music, and physical education.

- **Art** classes encourage students to move in a high energy, fun, engaging environment that helps students build skills and confidence.
- The **Media Center** allows students to explore our wide selection of books. Students also learn digital citizenship and keyboarding skills.
- **Music** classes provide a foundation to sing, learn movement, and explore instruments and basic music theory.
- **Phy Ed** classes encourage students to move in a high energy, fun, engaging environment that helps students build skills and confidence.



We learned we **BELONG**



We learned to be **PROACTIVE**

Look what we did today!

We learned to **SYNERGIZE**



We learned to **WORK** then **PLAY**



We learned to **LISTEN FIRST,** then **SPEAK**

## BE AWESOME TODAY!

"Be Awesome Today!", a phrase coined by late Superintendent, Dr. Ed Richardson, is common language among Vikings and reminds all to "Be like a pineapple: stand tall, wear a crown, and be sweet on the inside." Students and staff alike continue to promote good deeds, acts of kindness and good performance through programs including:

- The **Leader in Me** curriculum which provides an opportunity to develop the whole child with the belief every child has genius and can be a leader.
- The **Viking Promise** reminds students they are powerful in making a difference at Viking Elementary and in the community around them.
- The **Viking Student Success** program offers free after-school academics and activities with a licensed teacher.
- **Viking Leadership and Student Lighthouse Teams** offer leadership training and opportunities for staff and students.
- Various **sports teams and clubs** including basketball, football, soccer, run club, and volleyball teach teamwork, good sportsmanship, and a strong work ethic.

# VES NEWS BITS

## Kindergarten celebration day!



Ms. Claudia showed all the first graders how she makes tortillas while sharing about helping at her family's restaurant in Mexico. She let them feel the dough, press a tortilla, and of course taste them.



Later, she made us all tacos!

Ms. Magdalena made all the first graders salsa. Thank you, Ms. Claudia and Ms. Magdalena for the awesome memory!



Pelican Rapids elementary art students created clay houses, which are now scattered along the Peace Trail, and the public is invited to enjoy a short hike through the city park—and search for the art pieces. The "Peace Trail," is just east of Sherin Park. Visitors can park their vehicles in the park, or the Trinity Lutheran parking lot.



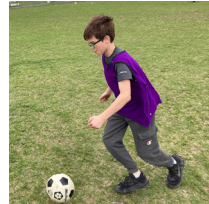
**Viking Elementary**

**Artist of the Month**

Tommy Lam & Aini Mohamud displayed great work ethic, leadership skills, creativity and compassion for others.

T-Shirts were possible thanks to a donation from the Cormorant Area Arts Club.

After school youth soccer was a hit! The kids have been getting after it every session while our coaching staff carries out lessons that build soccer skills and specific character traits as well!



A total of 58 students in grades 4-6 participated in the soccer program.



Unified Physical Education, a combined course taught by the special education and physical education departments, enables students with and without disabilities to do a myriad of games and activities.

# CLUB VIKES

Club Vikes School-Age Childcare, located at Viking Elementary, is a safe and fun place for children in grades K-6 to go before and after school, on non-school days, and during the summer.

## School Year Schedule:

Monday – Friday 7:00am - 6:00pm

Children engage in various activities including games, reading, outside play time, and crafts.

The current favorite things to do are playing board games, creating at the LEGO® table, making melty beads, coloring, painting, and playing outside.

During the summer, we go on fun field trips at the local pool, the zoo, the movie theatre, Maplewood State Park, and more!



## Questions? Need more information?

Tonya Honrud, Club Vikes Coordinator

thonrud@vikes.us

218-863-5910 ext. 5022

Registration available on school website:



Programs  
Club Vikes School-Aged Childcare

Stay up-to-date with Club Vikes happenings:



Club Vikes Facebook page

# HELLO CLASS OF 2035!

# KINDERGARTEN WILL ROCK!



## KINDERGARTEN BOOST

August 1 - 25  
Mondays - Thursdays  
Time: 8:30 am - 2:00 pm

Location: Viking Elementary School  
No fee, but registration required

This school readiness program helps preschoolers enter kindergarten with the skills and behaviors necessary to be successful in future learning.

Age appropriate learning and activities such as handwriting, math, reading, and outside play!

Questions? Contact Terra Fitzsimmons  
tfitzsim@vikes.us or 218-863-5910 ext. 5393



## REGISTER TODAY!



## WE ARE SO EXCITED!



MS. BORGEN



MS. NEUBAUER



MS. CUPKIE



MS. SYVEKSON

## VIKING GOALS:

- ♥ ESTABLISH A LOVE OF LEARNING
- ☆ FOSTER INDEPENDENCE
- ♥ PROVIDE SOCIAL & EMOTIONAL GROWTH

## A CHILD IS READY WHEN:

- If he/she at least 5 years of age by September 1, 2022
- Has received early childhood screening and medically acceptable immunizations

## KINDERGARTEN CHECKLIST

- ♥ COMPLETE REGISTRATION FORMS  
(Available on school website)
- ☆ MEET TEACHER: LATE AUGUST
- ♥ START SCHOOL! YAY!





# PRESCHOOL & ECFE VIKING

Located in Viking Elementary, the **Viking Preschool** program offers FREE educational programs to district residents ages 3-5. Our licensed teachers engage students through age-appropriate skills and hands-on activities.

## 4-5 YEAR OLD PRE-KINDERGARTEN (VPK)

Each week, students ages 4 and 5 prepare for kindergarten with five-half-days using curriculum correlating to Viking Elementary K-6 models.

Eligibility: Students must be 4 by September 1, 2022  
Morning Class (includes breakfast):

- Monday - Friday 8:00 am - 11:15 am

Afternoon Class (includes lunch):

- Monday - Friday 11:45 am - 3:00 pm

\*Students are eligible for one-way busing, bus buddy required

## 3-4 YEAR OLD PRESCHOOL

Each week, students ages 3 and 4 enjoy two half-days of hands-on activities that teach math, literacy, art, social, play, and fine motor skills development.

Eligibility: Students must be 3 by September 1, 2022

Class Offerings:

Morning Class (includes breakfast):

- Tuesday & Thursday 8:00 am - 11:15 am

- Wednesday & Friday 8:00 am - 11:15 am

Afternoon Class (includes lunch):

- Tuesday & Thursday 11:45 am - 3:00 pm



Our staff is committed to preparing all children for success as they enter kindergarten. Kindergarten Readiness is based on the support children must have in place to foster the development of their own unique characteristics, knowledge, and skills that equip them for optimal school success. This includes the essential ingredients of physical, cognitive, social, and emotional development. Children need every one of these essential elements to help them prepare for a successful and seamless transition from the early learning years to kindergarten and beyond.

We recognize children's success in school is based on a multitude of factors. Kindergarten (school) readiness refers to not only ready children, but ready communities, families, schools, and early care and education programs. The essential elements to children's success in school are:

Ready schools and early care and education programs provide services to enhance the health, safety, economic stability, development, and learning of all children and their families.

Ready families who know how to support their own children's learning and have access to adequate resources.

Ready children who bring their own unique characteristics, skills, experiences, and are filled with curiosity and an eagerness to learn.

Ready communities provide services to enhance the health, safety, economic stability, development, and learning of all children and their families.

### Questions? Need more information?

Terra Fitzsimmons, ECFE/Viking Preschool Coordinator  
tfitzsim@vikes.us or 218-863-5910 ext. 5393



Stay up-to-date with happenings:

Viking Preschool and ECFE Facebook page



Come  
**LEARN & GROW**  
with us!

**BECOME A LITTLE  
VIKING TODAY!**



## START YOUR VIKING VOYAGE



**0-2 YEARS**

ECFE Classes



**3-4 YEARS**

Viking Preschool  
2 days/week



**4-5 YEARS**

Viking Pre-K  
4 days/week



**HELLO  
KINDERGARTEN!**

Help fight hunger in our community by sponsoring a child! Backpack Buddies supplies hungry children in Pelican Rapids with food for the weekend.



The Pelican Rapids School District with help from the Pelican Rapids Food Shelf provides a bag of easy to prepare foods, such as cereal, oatmeal, juice, fruit cups, pudding, juice boxes, peanut butter & crackers, granola bars, ramen noodles, and other easy meals. The program is funded partially by United Way and through community support. Any donation would be appreciated.

Questions? Contact Jackie Larson  
218-329-5752 or larsonjb@umn.edu

Willing to donate?  
Contact Sue Bruggeman 218-329-8626



**PRESCHOOL  
BOOK  
PROGRAM**

Research shows the importance and lifelong impact of parents reading to their children. The Preschool Book Program gifts families of newborns a book and a Viking Pride item. The program continues to send books to all preschoolers ages 1-5 in the district.

Questions, please contact Terra Fitzsimmons:  
tfitzsim@vikes.us or 218-863-5910 ext. 5393

## NEW TO THE DISTRICT?

# WELCOME!

If you recently moved to Pelican Rapids or added to your family, we would love to add you to our School Census. This ensures that we can send information about preschool screenings, Early Childhood Family Education (ECFE), and kindergarten registration.



Questions?

Contact Shari VerDorn

218-863-5910 ext. 5000 or sverdorn@vikes.us

## HEAD START PRESCHOOL

Free comprehensive services are offered to all enrolled families with children ages 3-4, giving priority to families with limited income.

Classes offered: Half day: 3.5 hours/day

Full day: 7.5 hours/day

All classes meet 4 days each week (Tuesday-Friday)

- Licensed teachers
- High quality, research-based curriculum
- Kindergarten readiness approach
- Meals/snacks served
- Health and dental services
- Community partnership
- Disability support



Questions?

Contact Carrie 218-770-9232 or Deb 218-770-8858

Head Start is a federally funded program  
More information available on district website



Pelican Rapids School District  
is looking for certified and non-certified  
substitute teachers.

Questions? Contact Emily Evenson  
218-863-5910 ext. 4445 or eevenson@vikes.us



**OPEN GYM  
WEIGHT ROOM  
INDOOR  
WALKING TRACK**

**SUMMER SCHEDULE  
JUNE 6 - JULY 28  
(EXCEPT JULY 4)**

**MONDAY - THURSDAY  
6:00 PM - 8:00 PM**

**AL SIEGLE ACTIVITY CENTER  
(WEST DOOR 7)**

**KIDS 12 & UNDER MUST BE ACCOMPANIED BY AN ADULT**



**WEDNESDAYS: WALKING TRACK/WEIGHT ROOM ONLY**

**WALKING TRACK: INDOOR SHOES, WATER ONLY (NO FOOD)**

**QUESTIONS:**

**DAVE RUND, SUMMER REC COORDINATOR  
DRUND@VIKES.US OR 218-863-9317**

## SPEED AND STRENGTH ENTERING GRADES 7-12

This is a program designed with all athletes in mind with a goal of developing and improving overall athleticism through speed and strength programs. Speed sessions focus on agility, acceleration, speed, and running mechanics. The strength program teaches proper Olympic and weightlifting technique, jump training, balance and stability exercises.

Days: Mondays - Thursdays June 6 - July 28  
No Speed & Strength July 4th Week

Strength Sessions: 6:00 am, 6:45 am, 7:30 am, 8:15 am  
Speed Sessions: 6:45 am, 7:30 am, 8:15 am

Location: Pelican Rapids High School & Chauncey Martin Field

Fee: \$40 (Includes Speed & Strength Sessions)

Contact: Eli Beachy, ebeachy@vikes.us  
or Laura Januszewski, ljanuszewski@vikes.us

Registrations are still being accepted for the programs listed below. Please contact Becky at bwontor@vikes.us or 218-863-5910 x4250 with any questions.

**VISIT OUR SUMMER PROGRAMS WEB PAGE**



## SUMMER PROGRAM INFORMATION & UPDATES

website: [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)

Facebook: Pelican Rapids Schools Summer Programs

## STEAM CAMP COMPLETED GRADES 3-6

Dates: July 25 - 29

Time: 9:30 - 11:00 am

Location: Viking Elementary School

Fee: \$20 (Class limited to 50 students)

Contact: Teresa Schlieman

In this hands-on class, students will think creatively to solve problems and learn about coding and robotics using STEAM (science, technology, engineering, art, and math)

## THEATRICAL CAMP COMPLETED GRADES 4-9

Dates: August 1 - 5

Practice Time: 9:00 am - 12:00 pm

Rehearsal: Friday, August 5 from 3:00 - 7:00 pm

Performance: Friday, August 5 at 7:00 pm

Location: Fine Arts Auditorium (West Door #1)

Fee: \$25 (Class limited to 40 students)

Instructor: Chris Hovden

Contact: Cary Haugrud

The Internet is Distract--OH LOOK A KITTEN!

Micah only has twenty minutes to finish her paper on The Great Gatsby. She just needs to check a few facts on the internet first. Unfortunately, the web is a nefariously wacky place where boxing cats, Facebook lurkers, and pig-throwing games threaten to take over Micah's schoolwork, or worse. Will she finish her paper and escape with her life before the school bell rings? A high-octane comedy that explores the rabbit hole of distraction we all go down every time we go online.

## SUMMER FOOD PROGRAM FREE MEALS!

**ALL KIDS AGES 18 & UNDER**

No registration required

**FREE BREAKFAST  
7:45 AM - 8:30 AM**

**FREE LUNCH  
11:30 AM - 12:30 PM**

Monday - Friday  
May 31 - August 26

No meals served on: July 4 & 5

Location: Viking Elementary



## STUFF THE BUS PROGRAM

Stuff the Bus is a program where United Way provides children in need with a backpack and school supplies for the upcoming school year.

The Stuff the Bus applications are due to United Way by August 5, 2022 and can be filled out and submitted online or paper.



If you have any questions, please call United Way at 218-736-5147.



Join Mrs. Albright at the Pelican Rapids Public Library for

## STORY TIME/SUMMER READING

June - August, Mondays at 10:30am

218-863-7055

## BUILDING UPDATE

**Summer Improvement Projects**

Written by Trevor Steeves  
Building & Grounds Superintendent

Summer 2022 is upon us and it looks to be another busy one. We have several projects that will be completed at both schools, including updating the HVAC controls.

The high school is having tuck pointing on the exterior brick, this is year 2 of a 4 year project. The business room will receive new flooring, paint, and removal of the large desks system which will be replaced with smaller movable tables.

New flooring top coat will be applied in the hallways at the Elementary school along with installation of a new security system.

District-wide there will be a new parking lot across from the Fine Arts Auditorium. In addition, there will be new parking lot surfaces behind the Elementary school and at the Chauncey Martin parking lot.

These projects will be great improvements to our district. Enjoy our great area this summer!

## ADULT BASIC EDUCATION IN PELICAN RAPIDS



### SUMMER HOURS

Tuesdays & Thursdays from 12:30-4:30pm

Students must be 17 years old or older, not enrolled in K-12 education, and demonstrate need on standardized assessments.

All classes are taught at the Pelican Rapids Public Library by Terri Buerkle.

Call 218-844-5760 to determine eligibility.

## How to Beat the SUMMER SLIDE



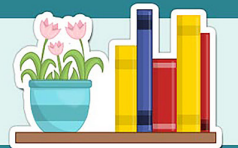
Have your child read for at least **20 minutes** every day.

Spend time **cooking** together.



Explore different kinds of **reading material** like picture books, chapter books, and magazines.

Make use of your **local library**.



Listen to **audio books** on summer car trips.

**Read aloud** with your children daily.



**Review skills** with fun, hands-on review activities.

Engage in **meaningful conversation** and help build your child's vocabulary.



Enjoy a **new hobby!**

Learn more about these great ideas at  
<http://blog.AllAboutLearningPress.com/summer-slide>

ALL ABOUT Learning Press

# HIGH SCHOOL



## Find Yourself at Home

**OUR DIFFERENCES DRIVE OUR GREATNESS. WE ALL BELONG HERE.**

At Pelican Rapids High School, we believe future success is built on creating an environment that develops the whole student. In alignment with the Leader in Me framework, students learn leadership skills and experience a school culture that believes that every person has value.

Our academic offerings provide students the ability to explore their interests without leaving campus. Our diversified English Program allows students to follow their interests and choose from courses such as: Speech, Composition, College English, Literature, and Mass Communications (student-produced, award-winning newscast). Art classes such as Ceramics, Drawing, and Painting and music classes including Concert and Pep Bands, Wind Ensemble, Viking Choir, and Music Theory, Composition, and Ear Training allow students to explore their creative interests.

Pelican Rapids High School offers students many opportunities to explore potential careers including:

- **Business Education:** Personal Finance, Accounting, Computer Applications
- **Ag Education:** Welding, Small Engines, Electricity, Ag Occupations (workforce experience)
- **Industrial Technology:** Digital Photo, Woods, Computer Aided Drafting
- **Introduction to Education:** A class for aspiring teachers or students interested in working with children or young adults

In addition to our core classes, students can earn more than 30 credits through college and eCampus courses including College English, Statistics, Precalculus, Advanced Algebra, and Spanish 3.



## Viking Pride is a Way of Life

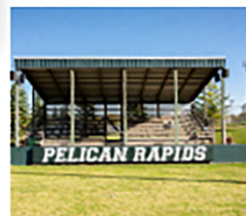
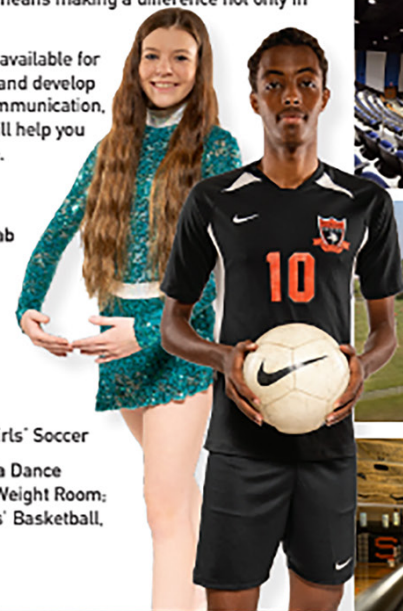
**BE LIKE A PINEAPPLE: STAND TALL, WEAR A CROWN, BE SWEET ON THE INSIDE.**

"Be Awesome Today!", a phrase coined by late Superintendent Dr. Ed Richardson, is common language among Pelican Rapids Vikings. His pineapple award recognized awesome deeds, acts of kindness, and performance of students and staff. We take pride in continuing his legacy, knowing Viking Pride means making a difference not only in our school, but also our community.

Take advantage of the numerous opportunities available for Viking students. Join a team, group, or activity and develop life long skills including time management, communication, critical thinking, and teamwork. These skills will help you be awesome today, tomorrow, and in the future.

Explore our state of the art facilities:

- **Science Classrooms:** Updated with new lab areas and equipment
- **Chauncey Martin Complex:** Home to Viking Baseball, Football, Softball, Track & Field
- **Fine Arts Auditorium:** Home to concerts, performances, and community events
- **Brown Field:** Home to Viking Boys' and Girls' Soccer
- **Al Siegle Activity Center:** Includes Valhalla Dance Studio, indoor walking track, and Viking Weight Room; Home to Viking Volleyball, Boys' and Girls' Basketball, and Valkyrie Dance Team



## Helping Children to Reach Their Fullest Potential



Written by Mrs. Laura Januszewski  
High School Principal  
and Technology Integrationist

Viking Families,

It is my pleasure and honor to introduce myself as principal of Pelican Rapids High School. I am a proud Viking and look forward to serving our school community by supporting our students and their families.

This is the start of my 9th year in education. I taught 7-12 business education at Breckenridge High School and Lake Park-Audubon High School. Last year, I joined the Pelican Rapids School District as the Technology Integrationist and worked with students to support and improve the technology learning opportunities at both Viking Elementary and Pelican Rapids High School. As principal, I will look to continuing our students' successes and will strive to continue the positive relationships, rigorous learning, and the incredible Viking environment that encourages our students to celebrate their unique strengths.

My husband Jake and I have five children. Three of our five were at Viking Elementary last year. Jemma, finished second grade, Jett finished kindergarten, and Lola finished preschool. Our youngest, Luna and Livi, are two-year old twin girls that work hard to keep up with their siblings. We have been members of the Pelican Rapids community for 10 years and have attended many Viking events, but really enjoyed sharing our love of running through coaching cross country in the fall and track and field in the spring.

I am here to make every effort to help your child reach his/her fullest potential. Because the relationships between families and the school are vital to the success of our students, I encourage you to become involved in every way possible. I am excited to bring my experience, my openness to learn, and my child-centered approach to support our students. I look forward to the collaboration and support we will be able to give each other. Together we will continue to move Pelican Rapids Vikings students through a rich learning environment guided with love and support toward a bright future.

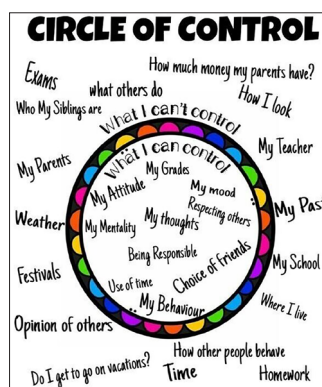
## PELICAN RAPIDS DISTRICT SCHOOL BOARD MEMBERS



- Brittany Dokken
- Greg Larson
- Jon Karger
- Brenda Olson
- Anne Peterson
- Molly Welch

## Responding to the Ups and Downs of Life

Written by Doug Bruggeman, Dean of Students



I thought I would end the school year with a "State of the School" address.

I am pleased to announce that the quality of students, their over-all behavior, their efforts to get involved and the kindness and caring they show is very strong at Pelican Rapids High School!

Across the nation, in our state and in the immediate area I have read or heard stories of the struggles many schools are experiencing as we all try to get back "to normal". The pandemic and its continuing effects on our society has challenged the educational world greatly. We have seen that the last two years have not only impacted our students academically but the changes we went through have also impacted student's social development. To add to this, we have also seen an uptick in struggles with mental health.

I am proud to say, however, that PRHS is weathering this storm well and I would venture to say, better than most.

With struggles comes opportunities.

I am seeing resiliency and great growth in so many areas. This moment in time really has opened the door to seeing Habit #1 of the 7 Habits of Effective People® go to work in a real-world way.

Habit #1 is the principal of proactivity. It stresses the importance of our ability to choose how we respond to all situations. This ability to respond gives us power over how we ultimately deal with the ups and downs of life.

Helping students understand that there will be things in life that will be out of their "circle of control" is a valuable lesson. Just as important is helping them understand that their attitude, effort, and actions are always in their circle.

I definitely believe that the culture of our school, with the foundation being the 7 habits, is really strong. I am looking forward to 2022-23 school year as we continue to work to be a strong and powerful force in the growth of our young people!

Until then...

Enjoy Summer!



**TRIPLE A WINNER**  
**Sam MOË**

My involvement in the arts, athletics, and academic has transformed me as a person. I have been able to achieve a good work ethic throughout my years in high school. Being a section leader in wind ensemble has let me help out those around me who may need help with their music or playing. It has also been a lot of fun through sports to be able to participate with a diverse group of athletes.

Not every school has this type of diversity which allowed me to learn about other peoples experiences and share my own. The arts, athletics, and academic programs at Pelican Rapids High School have taught me great lessons that I will bring into the world after high school.

**TRIPLE A WINNER**  
**Tori STEPHENSON**

I truly believe that my involvement in academics, the arts, and athletics has shaped me as a person. I have always loved going to school and learning new things every day. My love for learning has only grown, and it has helped me become a successful student. Challenging myself with difficult, college-level classes has taught me to work hard and that putting in the extra effort is worth it. I have been involved in a variety of arts that have all taught me important life lessons. Trying out for the One Act Play showed me that getting out of your comfort zone can be intimidating, but also extremely rewarding. Being involved in varsity Speech taught me how to be confident in myself and my voice. I have played the saxophones since elementary school, and band has given me great friendships with people I would never have gotten to know otherwise. The three sports I play have all shaped me in countless ways.

## Class of 2022 Academics, Arts, and Athletic (AAA) Winners

The purpose of the Minnesota State High School League Academics, Arts, and Athletics (AAA) program is to recognize and honor high school seniors who have excelled in the classroom, on the athletic field, and in the fine arts. The honor is intended to elevate academic standards while supporting and promoting extra-curricular achievements. Honorees are limited to two qualifying students per school—one male and one female.

# PRHS NEWS BITS

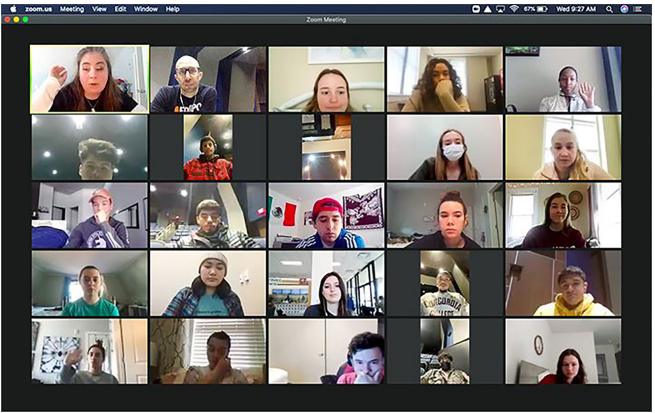


Pelican Rapids High School Band NYC 2022

The PRHS Band traveled to New York City in May



Celebration of Cultures Event



The 'We Are From Pelican' soccer documentary caught the attention of a professor for Spanish classes at the University of South Carolina. Pelican Rapids Schools soccer players connected with the class.



MN Honor Society ditch clean up



SADD sharing 'Be Kind' lip balm with VES students



# SPORTS/ACTIVITIES

Congratulations to the Viking State Competitors!



Brayden Ecker, 5th, High Jump, 6-2  
 Brayden Ecker, 13th, Triple Jump, 41-00  
 Nick Haugrud, 8th, Discus, 149-10  
 Charlie Larson, 12th, 3200, 10:00.34 (Personal Best, #2 school history)  
 Charlie Larson, 10th, 1600, 4:32.04 (Personal Best)  
 Megan Guler, 12th, 200m, 27.11  
 Sebastian Centeno, 12th, 400m, 52.70



- All-Conference Honorees**
- Carter Johnson, 200m, 4x400m
  - Sebastian Centeno, 400m, 4x400m
  - Charlie Larson, 1600m, 4x400m
  - Sam Moe, 4x400m
  - Justin Jacobson, Shot Put
  - Nick Haugrud, Discus, Shot Put
  - Anthony Checco de Souza, 300mH
  - Nick Haugrud, Shot Put, Discus
  - Justin Jacobson, Shot Put
  - Brayden Ecker, Triple Jump, Long Jump, High Jump
  - Grace Backstrom, 300mH, 4x800m
  - Sadie Funk, 400m, 4x400m
  - Megan Guler, 200m, 4x200m, 4x400m
  - Kelsey Isaman, 4x200m, 4x800m
  - Tori Stephenson, 100mH, 300mH, 4x400m
  - Morgan Korf, 4x200m, 4x400m
  - Olivia Kleinschmidt, 4x800m
  - Ari Hovland, 4x800m

- Academic All-State**
- Athletes in grades 9-12 must have a GPA of at least 3.6 on a 4.0 scale cumulative starting in the 9th grade and must have met one of the criteria including All-Conference Award
- Sadie Funk
  - Kelsey Isaman
  - Tori Stephenson

**Team Academic All-State Gold Award**  
 Average GPA of Top 10 on team: 3.894



Congratulations to the Boys' Golf Team on their finish at the HOL Conference Meet. Brady Petznick and Jarett Stetz earned All-Conference Honors!



# 2022-23 SCHOOL YEAR

## IMPORTANT DATES

### SCHOOL SCHEDULES

#### MONDAY - FRIDAY

Viking Elementary School - 8:15 - 3:05 pm

Pelican Rapids High School - 8:25 am - 3:15 pm

### MEALS

Prices for 2022-23 school year.\*

BREAKFAST		LUNCH	
High School	\$1.30	High School	\$2.05
Elementary	0.00	Elementary	\$2.00
*Reduced	0.00	*Reduced	0.00
*Adult	\$1.90	*Adult	\$3.85
		Second Entrée	\$1.65

\* Pending school board approval

### EDUCATIONAL BENEFIT APPLICATION

A new application needs to be filled out each school year. This helps your family by providing:

- Free breakfast and lunch for qualifying students
  - Reduced extra-curricular activity & testing fees
- and your school qualify for:
- Federal funding for reading intervention and other services when all eligible families apply
  - State Compensatory Education Program Funds

### ACTIVITY FEES

The Educational Benefits Application (reduced/free meals) must be filled out each calendar year before reduced/free sports/activity fees will apply.

#### SPORTS FEES\*

##### Grades 7-8

Full pay lunch \$40  
Reduced lunch \$20  
Free lunch \$0

##### Grades 9-12

Full pay lunch \$80  
Reduced lunch \$40  
Free lunch \$0

#### ACTIVITY FEES\*

KNOWLEDGE BOWL, DRAMA, SPEECH, MATH

##### Grades 7-8

Full pay lunch \$20  
Reduced lunch \$10  
Free lunch \$0

##### Grades 9-12

Full pay lunch \$40  
Reduced lunch \$20  
Free lunch \$0

\* Pending school board approval

FILL OUT THE PAPERWORK TODAY



#### AUGUST 2022

M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

August 9 Fall Sports Meeting 7:00pm Leaders Gym

August 15 Fall Sports Practices Begin

August 30-31 VES Pre-Conferences

August 31 PRHS Open House 4:30-7:30pm

7th Grade Orientation @ 6:00pm

9th Grade Orientation @ 7:00pm

#### SEPTEMBER 2022

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

September 1 VES Pre-Conferences

September 5 No School (Labor Day)

September 6 First Day of School

September 26 No School (Teacher Workshop)

#### OCTOBER 2022

M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

October 20 - 21 No School (MEA)

#### NOVEMBER 2022

M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

November 7 No School (Teacher Workshop)

November 14 Parent Teacher Conferences  
VES 12-6pm PRHS 1-7:00pm

November 24 - 25 No School (Fall Break)

#### DECEMBER 2022

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

December 22 School (Morning Only)

December 22 - January 2 No School (Winter Break)

OUR DIFFERENCES DRIVE OUR GREATNESS. WE ALL BELONG HERE.

# WE ARE FAMILY



## NOW ENROLLING

### MAKE YOUR VOYAGE YOURS

At Pelican Rapids Schools, we are here to help you captain your future! We believe learning is a lifelong process and our staff works to equip each Viking with the tools, information, and technology needed to make each educational experience engaging and meaningful. Pelican Rapids Staff strives to make your voyage unique to your interests, abilities, and future aspirations. Steer your ship as you navigate your academic and extracurricular experiences.

### THE VIKING WAY

High academic standards created by our educators drive our 910 PK-12th grade students to succeed in the classroom. With graduation rates above state average, expanding course offerings, and rich cultural diversity, students leave Pelican Rapids Schools with an educational experience that prepares them for success in their future endeavors.

Our state-of-the-art facilities are home to award-winning arts and athletic teams. With nearly 40 unique athletic, art, academic, and student group opportunities, students are sure to find something that builds on their extracurricular interests.

Pelican Rapids Schools is a financially stable and strong district that is backed by our caring community members and supportive local businesses. Come see what makes Pelican Rapids a place full of Viking Pride.

### VISIT TODAY!

Call 218-863-5910 to schedule your tour of Viking Elementary School or Pelican Rapids High School

WE LOOK FORWARD TO MEETING YOU!

## VIKING PRIDE IS...

- Instilling a love of learning
- Caring and inclusive school culture
- High academic standards
- Curriculum developing the whole student
- Award-winning arts & athletics
- State-of-the-art facilities
- Rich cultural diversity
- Financially stable and strong district
- Caring community members

## START YOUR VOYAGE

BECOME A VIKING TODAY!



## STAY CONNECTED



Pelican Rapids Public Schools  
pelicanrapids.k12.mn.us



Pelican Rapids Public Schools